

ATLASPROFILAX®

by René C. Schümperli



Say Goodbye To Pain And Hello To A Better Posture

Our mild and proven atlas correction is a decision for life. As the uppermost vertebra, the atlas supports the head and thus has a special significance anatomically and energetically.

Book your treatment session today and feel the difference!

www.atlasprofilax.ch



We Work Together With You To Improve Your Quality Of Life

Information

Studies have shown that a majority of people have a misalignment of the atlanto-occipital joint. Your Atlasprof® will explain to you during the initial consultation how misalignments can occur.

Procedure

Our proven method according to René-Claudius Schümperli relaxes existing tensions through a targeted massage of the short neck muscles. A specially developed and patented device is used for this purpose. This allows the atlas to position itself optimally. Subsequent control with the additional support of the self-healing process is essential. Generally, the AtlasPROfilax® application always follows this scheme:

1st Appointment

- Informative discussion, and diagnosis
- If necessary, application of the AtlasPROfilax® method

2nd Appointment Follow-up includes

- Massage or other complementary treatment
- Discussion to verify the effects after the correction
- If necessary, recommendations for supportive complementary applications

Our Experience

Our many years of experience with the method show that the atlas, as the uppermost cervical vertebra, once it has acquired its optimal position, usually remains stable in its correct position. This gives you the chance to unlock new abilities of self-healing - including an increase in vitality on a physical, mental, and spiritual level.





From Idea To Your Benefit

Schümperli had a dream

After his long-suffering, the Swiss René Claudius Schümperli developed a special massage of the neck muscles from 1993 to 1996. He aimed to correct an existing misalignment of the first cervical vertebra precisely, completely safely, and permanently with a single application, without the need for straightening or other manipulations. This was the birth of the AtlasPROfilax® method.



A correctly positioned atlas aligns the body

The uppermost cervical vertebra, the Atlas, holds a key position for the entire body. Among other things, the spinal cord and spinal fluid run through it. In addition, cranial nerves and other fine nerve tracts as well as blood vessels are located here. This explains its potential to influence circulatory disorders or a reduced or distorted flow of information between the head and the body due to malpositions and permanent pressure. The healthy balance and unrestricted interaction of nerves, muscles, and organs are already shaped here. However, a large proportion of people have an unnoticed misalignment of the atlanto-occipital joint.

Releasing new strength

A functionally unrestricted atlas leads to many positive effects when observed. Activated self-healing powers stimulate our complex body-mind-spirit system.

Everyone knows the liberating effect when the pain subsides. This relief has an equally productive effect on our physical feeling as well as on our mood and our access to the social environment. Well-being and energy can be restored.



What Happens In The Body

Self-healing

Misalignments of the atlanto-occipital joint potentially endanger our balance - both physically and mentally. When the atlas returns to its natural position through correction and thus to its unrestricted functionality, the body is often able to regain its regulative powers. Alignment is thus not only physically possible but also linked to a new dimension of health. Every person brings a history to the process and unfolds his or her self-healing along his or her possibilities.

The sooner the better

Everyone's body reacts to systemic disturbances initially with counter-reactions, for example compensating for misalignments of the atlas through a displacement in the sacroiliac joint. The symptoms that point to a problem only begin after a while. But often, the pain does not arise at the source, but at the most vulnerable point in the chain of compensatory actions. The more time that passes between the start of the problem and its correction, the longer the healing process can take. Therefore, the healing effects are most evident, especially in children or freshly created traumas.

Pay attention to yourself

Attention to oneself, one's actions, and the environment are important factors for a balanced and happy life. A freely functioning atlanto-occipital joint creates a solid basis to bring the necessary energy and freedom for this.



Rotate your life!



May We Accompany You?

Take everything into consideration

In the question of a fulfilled life, freedom from stress is a very important factor. It is equally important to take habits and the environment into account. Does your current profession make you happy? What dreams are only put on hold? Whatever moves you, if the necessary energy for change is suddenly there again, your family should also be ready for it. Therefore, we recommend that you do not make a correction in isolation, and experience the effect together with the most important people in your life. This way you will develop together. It is a decision for life.



Photo by MART PRODUCTION:

- www.pexels.com/photo/a-woman-assaging-her-neck-8076070/
- www.pexels.com/photo/woman-technology-health-hospital-7089330/

Photo by Belle Co:

- www.pexels.com/photo/silhouette-photography-of-group-of-people-jumping-during-golden-time-1000445/

What else to do

To respond to each person's very own self-healing process, the recommended supportive treatment framework during or after an atlas correction varies greatly. Please keep in mind that our method is not a substitute for medical or curative treatment or diagnostics. It is primarily an application that aims to optimally set your body up for self-healing, preferably in a preventive way.

Stay in contact

Since any self-healing process can still trigger reactions in the body weeks or months later, we invite you in advance to observe yourself very closely after a correction. Stay in touch with your Atlasprof® and consciously use this experience to turn your life in the direction you want.

Your atlas specialist, the Atlasprof®, will recommend from his experience, if necessary, suggestions for further supportive measures after the AtlasPROfilax® itself or with a network of experts, which fit your body and your goals.

ATLASPROFILAX®

by René C. Schümperli

The International Association of Certified Atlasprof®s (IAQA)



ATLASPRAXIS®

ATLASPRAXIS Flick
Blankeneser Bahnhofstraße 11
22587 Hamburg
Germany

P +49 40 866 488 780
E email@atlaspraxis.de
W www.atlaspraxis.de

Rotate your life!

